

# Services for Pregnant/Parenting Women and Their Families Impacted by Substance Use

For more information about treatment centers in your area go to [www.findhelpnowky.org](http://www.findhelpnowky.org)

Purchase Area Health Connections Resource Guide  
[www.purchasehealthconnections.com](http://www.purchasehealthconnections.com)



## HANDS

HANDS is a home visiting program for pregnant moms-to-be and new parents that supports all areas of your baby's development. HANDS will support you throughout your pregnancy and the first two years of your baby's life.

Contact your local health department for more information about HANDS.

## First Steps

First Steps serves children from birth to age three who have a developmental delay or a particular medical condition that is known to cause a developmental delay.

Call 800-648-6599 to make a referral or schedule an appointment.

## KY Moms MATR

A program to help soon-to-be and recent mothers reduce harm to themselves and their children stemming from maternal substance use or use by a partner or family member during and after pregnancy..

For detailed information about the KY-Moms Program contact Four Rivers Behavioral Health's Regional Prevention Center at 270.442.8039.

## Early Childhood Mental Health Consultant

Four Rivers Behavioral Health's Early Childhood Consultant works with children from birth to age five along with their parents impacted by opioid and other substance use disorders. The Early Childhood Consultant can provide individual and family therapy to improve child development, healthy attachment, and build resilience in families.

The Nurturing Parenting Program is also available for families who are court-ordered to complete a parenting curriculum. The Nurturing Parenting Program is designed to enhance parents' self-awareness and thereby increase their understanding of their children.

To make an appointment, call the Center for Specialized Children's Services at 270.442.9767.

425 Broadway, Paducah, KY 42001  
270.442.7121 • 866.442.7121  
Crisis 800.592.3980  
[www.4RBH.org](http://www.4RBH.org)



**Four Rivers Behavioral Health**

Four Rivers Behavioral Health offers a variety of residential and outpatient substance abuse treatment options. Substance Use Disorders are behavioral health illnesses and are treatable.

- Residential, 28-day program for men and women at the William H. Fuller Center
- Residential, 6 - 9 month residential treatment program for men at CenterPoint Recovery Center
- Outpatient group and individual counseling; DUI Assessments and classes
- Drug Court Services through county court systems.
- Turning Point Recovery Center is part of Four Rivers Behavioral Health’s comprehensive substance abuse services and provides easily accessible services to those in recovery. Turning Point’s programs are designed around the concept of Peer Support. Staff at Turning Point have personal experience with substance abuse and can offer guidance and support from a “been there, done that” perspective. Visit 415 Broadway, Paducah or call 270.444.3621

**KentuckyCare**

Our Licensed Clinicians can assist with reducing symptoms associated with depression, anxiety, trauma, mood-disorders, stressful life situations and substance use. KentuckyCare provides behavioral health and substance use disorder services in a non-judgmental, integrated health environment. Clinicians and doctors coordinate care to deliver the best outcomes for patients.

**Behavioral Health Group**

Behavioral Health Group treatment centers provide medication-assisted treatment in an outpatient setting. With 60 locations across 14 states, BHG provides services to thousands of individuals and their communities across the country. Please call 844.535.7291.

**Residential Facilities for Mother and Baby**

Communicare East Center:	270.982.8824
Communicare Passages Transitional Housing:	270.737.6449
Lifeskills: Park Place Recovery Center for Women:	270.901.5000
Chrysalis House:	859.225.9912
Bloom at the Brook:	502.896.0495
The Next Door:	855.863.4673
New Vista Recovery Services for Women:	800.928.8000

**Medication Assisted Treatment**

KentuckyCare:	(Clinic) 270.443.9474
	(Behavioral Health) 270.908.4260
Behavioral Health Group:	270.443.0096
Holistic Psychiatry:	270.558.3916
West Kentucky Family Healthcare:	270.251.3223
Spero Health:	270.441.0030

**Emergency Services**

- *24-hour Crisis Line 800.592.3980*
- *Adult and children crisis stabilization services*
- *Residential crisis stabilization*
- *Psychiatric and behavioral health hospital consultations*

